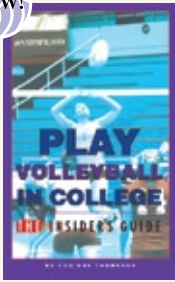


BOOKS * Looking for more detail on a book? See our website for full descriptions *** BOOKS**



P. Play Volleyball In College - The Insider's Guide by Corinne Thompson will give prospective student athletes and their parents unparalleled inside information about the volleyball recruiting process. You'll find out what a recruiting package is, how to put it together, and when to send it to get an edge on your competition. You will learn what to put in a skills video and what you should leave out.

P. Stock # BOOK01
Playing VB in College **Unit Price \$14.99 ea**



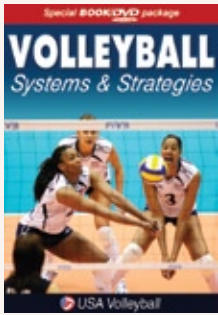
Q. Coaching VB Technical & Tactical Skills by coach Cecile Reynaud helps coaches teach players essential volleyball skills and transfer the knowledge and ability they gain in practice to matches. The book goes a step further than other texts by incorporating the tactical skills of the game, the situational in-game decisions that often affect the outcomes of matches.

Q. Stock # BOOK18
Coaching Volleyball **Unit Price \$19.99 ea**



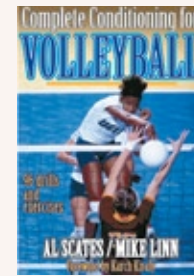
R. Coaching Youth Volleyball is intended for adults with little or no formal preparation in coaching youth volleyball. This book explains how to teach the sport to young, developing players and making the learning process fun. Important principles of coaching, volleyball skills, and volleyball drills are included. This book is good for the beginning elementary or junior high coach.

R. Stock # BOOK11
Coaching Youth VB **Unit Price \$16.99 ea**



S. Volleyball Systems & Strategies is your guide to implementing the world's top systems and strategies for consistent execution and superior team play. With book and DVD, you'll identify the offensive and defensive systems best suited to your team's talents, in-game situations, and your opponent's style of play.

S. Stock # BOOK17
VB Systems & Strategies **Unit Price \$24.99 ea**



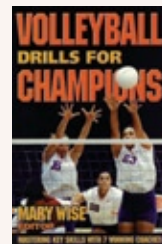
T. Complete Conditioning for Volleyball is written by Al Scates and Mike Linn. Unlike other conditioning books, this book is volleyball specific and takes you through the fundamentals of flexibility, stability, power, strength and explosiveness, plus gives you 45 on the court drills.

T. Stock # BOOK29
Complete Conditioning **Unit Price \$24.99 ea**



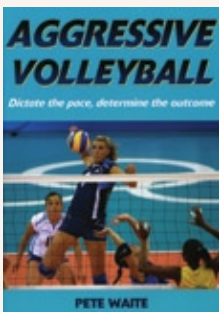
U. Volleyball Skills & Drills by Jim Bertoli is a comprehensive tool for developing all of the skills of volleyball in addition to providing drills that help coaches handle specific situations that they will incur with their teams. The book has approximately 100 drills and touches upon defensive systems, conditioning and game strategies. The book provides over 80 diagrams, terminology and key phrases.

U. Stock # BOOK07
VB Skills & Drills **Unit Price \$14.99 ea**



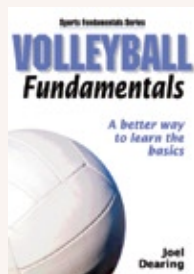
V. Volleyball Drills for Champions will help you make the most of each minute on the practice court by using drills that demand 100% effort and concentration. This book provides 73 practice activities to produce the maximum individual player and team development at any competitive level.

V. Stock # BOOK03 Volleyball Drills for Champions
aUnit Price \$18.99 ea



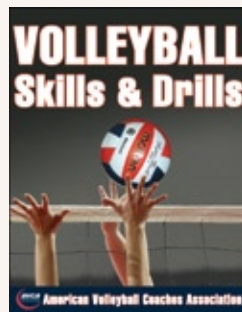
W. Aggressive Volleyball shows how to elevate your offense, defense, out-of-system, and transition play through a full-team effort of heightened competitiveness and aggression. It teaches the same techniques used by author Pete Waite in leading his Wisconsin Badger team to a record of 228-67 and nine NCAA tournament berths in nine seasons.

W. Stock # BOOK05
Aggressive Volleyball
Unit Price \$19.99 ea



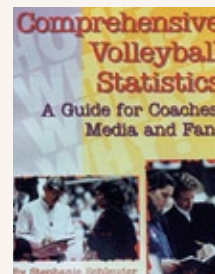
X. Volleyball Fundamentals by Joel Dearing offers simple sequential instructions and accompanying photographs to show you the essential skills and tactics of the game. Chapters are devoted to mastering basic skills like serving, receiving, setting, blocking, attacking and digging. More than 50 game like activities and drills are included. This is a great book for beginning coaches or elementary and junior high programs.

X. Stock # BOOK02
VB Fundamentals
Unit Price \$16.99 ea



Y. AVCA Volleyball Skills & Drills has been developed by the American Volleyball Coaches Association and covers every skill needed to excel at the game - serving, receiving serves, setting, attacking, blocking, digging, playing defense, offensive transitioning, and running effective practices. 10 of the top coaches have put together 75 of their most effective drills for this book.

Y. Stock # BOOK12
AVCA Volleyball Skills & Drills
Unit Price \$19.99 ea



Z. Comprehensive Volleyball Statistics is a very thorough look at the statistics of volleyball. Topics include the basic definitions of each statistic, how to record them, what they mean for your players and your practices, charting and scouting of opponents, and advanced statistical topics. Included are numerous charts, graphs, and planning pages. An excellent book for both the novice and experienced coach.

Z. Stock # BOOK27
Comprehensive VB Statistics
Unit Price \$21.99 ea



AA. The Volleyball Coaching Bible offers advice from 24 of the top coaches in the U.S. to help make your program successful. The coaches share their principles, insights, strategies, methods, and experience to help develop players and coach the game better. From Mike Hebert's chapter on setting goals to Russ Rose's chapter on productive practices and Mary Wise's chapter on serving, this book provides full-court coverage of each primary area of coaching volleyball.

AA. Stock # BOOK30
Coaching Bible
Unit Price \$24.99 ea