

Specialized Practices 2009

Day	Time	Teams	Middles: Court 5	Setters: Court 6		
Tues	4:45-5:30	143/4, 132/3	Kari Lauren	Jen N.		
	6:45-7:30	151/2/3/4/5	Astyn Lauren	Jen N.		
	7:30-8:15	141/2, 131	Astyn Lauren	Jen N.		
Day	Time	Teams	Middles: Courts 1	Outsides: Court 2	Defense: Court 3	Setters: Court 4
Wed	6:00-6:30	162/3/4/5	Nicole Astyn	Kari Melinda Amanda	Dan Ashley	Aame Jen N.
	6:30-7:00	172/3/4/5, 182	Nicole Astyn	Jackie Jason Adam C.	Dan Ashley	Aame Jen N.
	7:00-7:30	181, 171, 161	Nicole Astyn	Scott Jen J. Adam B.	Dan Ashley	Aame Jen N.
Day	Time	Teams	Setters: SAQ Room			
Sat: "A" Weeks Only	9:00-10:00	151 Setters	Cathy			
	10:00-11:00	171 Setters	Cathy			
	11:00-12:00	161 Setters	Cathy			
	12:00-1:00	181 Setters	Cathy			
	1:00-2:00	182,172,162,152 Setters	Cathy			

Wednesday Night Specialized Practices		
Date	Outsides	Middles
January 7	Jen Jacobs	Nicole Anderson
January 14	Scott Swanson	Nicole Anderson
January 21	Jen Jacobs	Nicole Anderson
January 28	Scott Swanson	Nicole Anderson
February 4	Jen Jacobs	Nicole Anderson
February 11	Scott Swanson	Nicole Anderson
February 18	Jen Jacobs	Astyn Bjorklund
February 25	Scott Swanson	Nicole Anderson
March 4	Scott Swanson	Nicole Anderson
March 11	Jen Jacobs	Nicole Anderson
March 18	Jen Jacobs	Nicole Anderson
March 25	Scott Swanson	Nicole Anderson
April 1	Jen Jacobs	Nicole Anderson
April 8	Scott Swanson	Nicole Anderson
April 15	Jen Jacobs	Nicole Anderson
April 22	Scott Swanson	Nicole Anderson
April 29	Jen Jacobs	Nicole Anderson
May 6	Jen Jacobs	Nicole Anderson
May 13	Jen Jacobs	Nicole Anderson
May 20	Jen Jacobs	Nicole Anderson