

Northern Lights Junior Volleyball Incorporated is a non-profit 501 (c)(3) corporation dedicated to the development of volleyball athletes.

Our volleyball camps/clinics have trained over 5000 volleyball players during the past 15 years!

Our Junior Olympic club teams are among the best in the Nation! We will be offering information at the youth clinic about playing club volleyball!

The experienced coaches of Northern Lights Junior Volleyball will give your young player a fun, quality introduction to a great game!

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*Our aim is to introduce young players to the great game of volleyball and teach older players higher skills.*

*Players will learn technique, participate in drills, and compete against a variety of teams*

***Bring your friends and join us for some competitive, fun-filled nights of volleyball!***

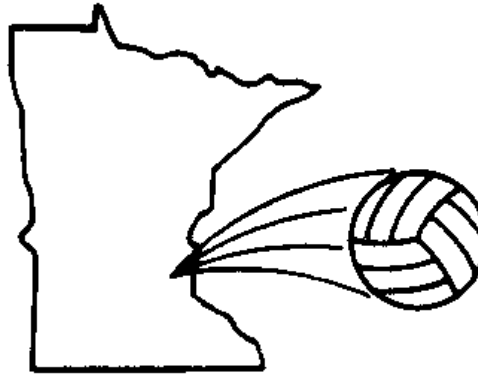
For additional information you may call or email the Northern Lights Office

952-808-0110

[northernlights@midwestvolleyball.com](mailto:northernlights@midwestvolleyball.com)

(Please be aware that during August & September our office staff is minimal and email is the best way to reach us, or please leave a message and we will return a call to you.)

# NORTHERN LIGHTS JUNIORS



## Youth / Middle School Skills and Competiton Clinic

**Mondays, Wednesdays, &  
Saturdays  
Sept 7 - Oct 29**

**For Girls  
Ages 10-14 / Grades 4-8**

# Northern Lights Volleyball

## Youth / Middle School Skills and Competition Clinics

**What:** Teaching the game of volleyball to young female athletes. Clinic includes basic volleyball skills and competition against in-house and outside teams.

**\*\* Players will be grouped by skill level for instruction & play. \*\***

**Who:** Girls ages 10 - 12 (Grades 4 - 6) Youth Age  
Girls ages 12 - 14 (Grades 7 - 8) Middle School Age

**When:** All skill dates are Mondays and Wednesdays with competition on Saturdays  
September 7, 12, 14, 17, 19, 21, 24, 26, 28  
October 1, 3, 5, 8, 10, 12, 15, 17, 19, 22, 23, 24, 26, 29

**Youth Times:** Monday and Wednesday 5:30 – 7:00 pm  
Saturday Competition  
**Middle School:** Monday and Wednesday 7:15 – 9:00 pm  
Saturday Competition

**ARRIVE ½ HOUR EARLY ON FIRST DAY OF CLINIC!!!**

**Costs:** \$360.00 for all training and competition  
Registration is online at [www.signuptoplay.com](http://www.signuptoplay.com)  
(See instructions at [www.midwestvolleyball.com/nlj/camps&clinics.htm](http://www.midwestvolleyball.com/nlj/camps&clinics.htm))

**Where:** Midwest Volleyball Warehouse  
14050 Judicial Road  
Burnsville, MN 55337

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**Name:** \_\_\_\_\_ **Circle Choice:** Youth  
**Address:** \_\_\_\_\_ Middle School  
**City:** \_\_\_\_\_ **St:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_  
**Age:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_ **Grade:** \_\_\_\_\_ **School:** \_\_\_\_\_

I hereby agree and promise that I will not hold Northern Lights Junior Volleyball nor its employees or coaches responsible for any loss, damages or personal injuries received as a result of participation. I hereby authorize the coaches of the clinic to act for me according to their best judgment in any emergency requiring medical attention.

PARENT OR GUARDIAN SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Please make checks payable to Northern Lights Jr. Volleyball and send with lower part of this form along with the Participant Liability (found at <http://www.midwestvolleyball.com/nlj/camps&clinics.htm>) form to:

Northern Lights Junior Volleyball  
Fall Skills and Competition  
14050 Judicial Road  
Burnsville, MN 55337

*Cancellation Policy: All cancellations will be charged a \$25 processing and handling fee.*

